

**FAIRFIELD COLLEGE PREPARATORY SCHOOL
ATHLETIC DEPARTMENT
CHEMICAL HEALTH POLICY**

Fairfield Prep, along with the Connecticut Interscholastic Athletic Conference, recognizes the use of chemical substances as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of each individual. The misuse and abuse of chemical substances affects extra-curricular participation and the development of related skills. The CIAC is committed to the ideal of fair play and equitable competition at all CIAC contests. This ideal stands as the foundational concept which guides significant and long-standing regulations such as, the age rule, recruitment, transfers, and others. These regulations exist to ensure that, as much as is possible, high school athletics are conducted in such a fashion that no individual athlete or team has an unfair advantage over its competitors. CIAC recognizes that the use and abuse by athletes of performance enhancing substances must be added to those behaviors which create an uneven playing field for student-athletes and all athletic programs. The use of performance enhancing substances by an athlete can and does alter the outcome of athletic events and, in so doing, has a profound impact on other schools within the league and across the state.

It is the policy of Fairfield Prep that the use and abuse of illegal substances such as alcohol, stimulants, street drugs (including but not limited to marijuana, heroin, and cocaine) along with any performance enhancing substances (including but not limited to anabolic steroids, hormones and analogues, diuretics) are prohibited.

Student-Athletes, found to be in violation of the Chemical Health Policy, may be subject to sanctions by Fairfield Prep, and the CIAC which may be beyond those applied by the LEA (Local Educational Authority) for use of these substances.

Fairfield Prep is committed to providing preventive and intervention educational programs for its student-athletes. All coaches will conduct pre-season reviews of the chemical health policy and disseminate relevant literature on the chemical health issues and the student-athlete.

It is the responsibility of all coaches to monitor and report any suspected violations of the Chemical Health Policy to the Administration of Fairfield Prep. The coaches' primary reporting person is the Athletic Director. The Athletic Director will, in turn, report the suspected violation to the Principal, Dean of Students, and the Director of Guidance. These individuals will conduct an investigation into the suspected violation while maintaining the rights and privacy of the individual suspected of being in violation.

Lastly, this policy will be made available to the entire Fairfield Prep community via inclusion in distributed print literature and on-line publications via school web sites.

By acknowledging this item on the sports registration survey, the student-athlete agrees to be "Substance Free" during my participation in Prep Athletics and that I will accept the consequences of any violation of the "substance use regulations".